

Organizing You with Julie, November 2017

The Emotions of Change

With fall in transition to winter, I'm relishing these last few days of warmth by walking my neighborhood. It's a bittersweet experience, as I'm in the midst of transition as well, moving from my home for the last 10 years to a new location uptown. And while this decision is full of joy and possibility, it also stirs up the familiar emotions of change, which I'm sharing in my blog this month, along with other content to fuel your November.

And since year end is the time to be thinking about your planning tools for 2018, be sure to check out the [Balanced Life Planner](#), developed from my 25+ years of work as a coach to be the ultimate planning tool for busy people like us. Here's to a smooth transition into the holidays!

Yours in chaos and order.....



Julie's Blog:

Through an Organizer's Eyes

Julie's blog offers musings and insights on the value of systems in day-to-day life.



Thank the Old, Embrace the New

November 7, 2017

I am about to move, and it's been an emotional journey. I love the apartment I am leaving. It's the first place I ever bought. I purchased it when I became an empty-nester, as a platform for the next chapter of my life. My goal was to expand my social life, enrich my work-life balance, and give more space to romance than I had as a single parent....

[Read More](#)

Productive People On the Street

Rheas T., Hospitality Industry

On-the-spot interviews to learn how people get things done.

Q: How did you get out the door this morning?

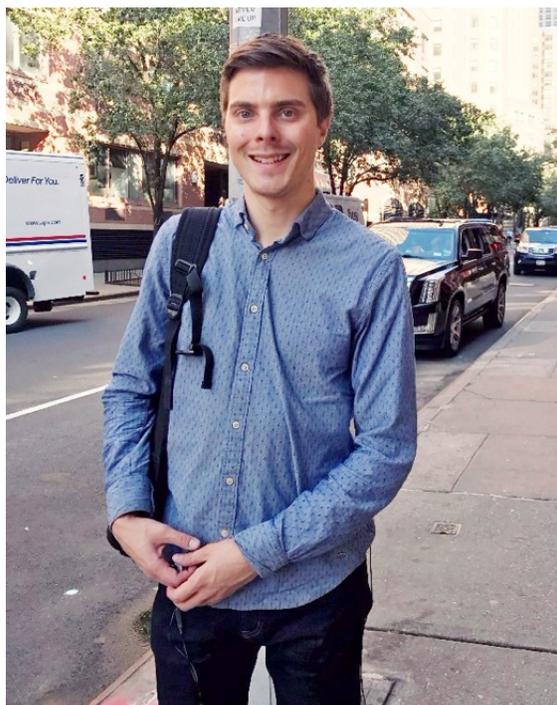
Coffee.

Q: What were the obstacles you had to overcome?

I'm training for a new job. Learning a bunch of new stuff and waking up earlier. I usually work nights, so working early today was the biggest obstacle.

Q: What's your best productivity tip?

I like to write down everything I want to accomplish during the day, and then just try to check them off. I get more done if I write a list on paper, otherwise I just wind up on the internet.



Have a productivity question for Julie?

Become Our Next Question of the Month

Question of the Month

SHOULD MY PLANNER SHOW A DAY OR WEEK AT A TIME?

Watch Julie's Answer



Struggling to keep track of your to-do's?

The Balanced Life Planner is designed to help you focus and stay in balance amidst life's distractions. #socialmedia

Unique features include to-do lists that help you batch similar tasks, rearrangeable and customizable pages, and coaching tips to keep you on track.

Can be used alone, or in combination with a digital calendar.

[Learn More About the Balanced Life Planner](#)

"Writing down your big picture goals is essential to making them come true."

--- From [Time Management from the Inside Out](#)

Free PDF of the Month

Download FREE Self Care Tips for Better Sleep

JULIE IN THE NEWS



Spare Foot
How to Shed Stuff and "Get Unstuck"

Is your house clogged with old paperwork, clothes you never wear and gadgets you don't use? Then you might have a problem that's bigger than



Today.com
1 Trick to Your Most Productive Weekend Ever

When the weekend rolls around, it can be hard to accomplish your whole to-do list, especially when you're exhausted from the long work week....



Well + Good
How to Plan Your Most Productive Workday *Ever*

Six o'clock rolls around and with a little luck (and a whole lot of hustle) you've decluttered your inbox, hosted a killer brainstorm session with your team...

the clutter...

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JULIE ON SOCIAL MEDIA



Popular on Facebook

Avoid falling back into limiting self-beliefs, by resolving to always include something in your schedule that you can't possibly picture yourself doing. For me, it was taking gymnastics lessons when I was 47 years old and finding out that I actually could do a one-armed cartwheel! Consider checking out courses at a local college or asking the most joyful person you know what their current hobby is.



Popular on Twitter

Fill your schedule with things that are relevant and vibrant, those which energize, fuel, and inspire who you are and where you are going.



Popular on LinkedIn

Focus. When you're at work, really concentrate; take no calls on family matters unless it's an emergency. And when you're with your kids, let your machine take messages. Compartmentalize, so that whatever you're doing, you're "giving it your all."



Popular on Twitter

Sometimes all you need to boost confidence is one person who believes in you and sees your value. Be an advocate for someone in your life.

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